

nutritional NINJAS

www.nutritionalninjas.co.uk

WE PROVIDE INGREDIENTS
& EQUIPMENT !

Our classes allow children
to learn a variety of cooking
skills that will carry them
through into later life.

Food hygiene, preparation,
knife techniques, measuring
ingredients as well as to
value what is good for
them nutritionally.

Spaces are limited
& are allocated on
a first come, first
served basis

All about NINJA CLASSES

LOCATION: St Lawrence

DAY: Monday

TIME: 3:15 - 4:15 PM

PRICE: £108

DURATION: 11 weeks

CLUB DATES:

Jan 11th, 18th 25th

Feb: 1st, 8th, 22nd

Mar: 1st, 8th, 15th, 22nd,
29th

BUILD YOUR OWN RECIPE COLLECTION !

Collect your new recipe card every week so you can cook recipes
you've learnt again and again



Visit our website

www.nutritionalninjas.co.uk to book your childs space

Tel: 01276 428148