

nutritional NINJAS

www.nutritionalninjas.co.uk

WE PROVIDE INGREDIENTS
& EQUIPMENT !

Our classes allow children to learn a variety of cooking skills that will carry them through into later life.

Food hygiene, preparation, knife techniques, measuring ingredients as well as to value what is good for them nutritionally.

Learn to make: Chocolate biscuits, Muffins, Veggie sausage casserole and many more.

Simply pop them in the oven at home to enjoy fresh with the family.

Spaces are limited
& are allocated on
a first come, first
served basis

All about NINJA CLASSES

LOCATION: St Lawrence
Junior School

DAY: Monday

TIME: 3:15-4:15pm

PRICE: £117 (includes all ingredients)

DURATION: 13 weeks

CLUB DATES:

September: 9th, 16th, 23rd,
30th

October: 7th, 14th, 21st

November: 11th, 18th, 25th,

December: 2nd, 9th, 16th

BUILD YOUR OWN RECIPE COLLECTION !

Collect your new recipe card every week so you can cook recipes you've learnt again and again



Visit our website

www.nutritionalninjas.co.uk to book your child's space

Tel: 01276 428148 07557657045