



St Lawrence C of E (Aided) Junior School

FITNESS STARS

Tuesday 7th January to Tuesday 31st March 2020

Sarah Allen (a local fitness instructor) will be offering a Fitness Stars club which will be running on Tuesdays from 8am till 8.40am.

If your child is interested in attending, please contact Sarah on 07894 573441 or sarahallen93@yahoo.co.uk

Names will be chosen at random if the number of applicants exceeds the number of places. This club will be running free of charge to parents/carers.

Sarah has summed up the club in the following way:

Come along and join in the fun with me, Sarah Allen, before school starts on a Tuesday morning. There will be a variety of fitness based activities which are fun and friendly for all abilities. We sometimes use the MUGA pitch in the summer. Certificates and stickers to be won each session, so book today and join in the fun!

Please note that once your child has been signed up for the club they will continue for the whole duration unless you notify us otherwise. If your child has **not** received a place, you will be notified and their name will be put on a waiting list.

Kind regards
Mrs Rey
PE/Sports Co-ordinator



Headteacher: Mr D Tucker

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